Medical Cannabis or Medical Marijuana is marijuana grown for its whole plant and extracts to treat various medical problems, both physical and mental. Trust the team at Coastal Integrative Medicine in Stuart, FL, for your medical cannabis treatment.

**Brief History and Significance of Medical Cannabis**

The use of cannabis for medical treatment has gone on since ancient times and has continued through the centuries. Before the 1900s, cannabis was used to treat pain until it was made illegal due to unsubstantiated claims that it invoked homicidal behavior. But in 1982, Irvin Rosenfeld, a man who suffered from a rare and painful type of bone tumor, sued the federal government for access to medical marijuana. He won, which set the stage for others with qualifying conditions to be treated with cannabis.

Today, the use of medical cannabis has increased with the recognition of its effectiveness in treating certain ailments. Harvard Health reports that about 85% of Americans now support legalized medical marijuana. With the passage of legislation growing among the states, about three million Americans currently use medical marijuana to treat serious conditions, according to AARP. Patients typically use it to treat chronic pain, but it is also effective in treating psychological disorders and nausea caused by chemotherapy. Our experienced providers at Coastal Integrative Medicine in Stuart, FL, have used medical cannabis treatment to help patients of all ages manage pain and other ongoing, debilitating conditions.

**Benefits of Medical Cannabis**

Many studies are being done and documented in medical journals of the significant health benefits of using medical marijuana to manage pain. The following are some of the predominant medical issues associated with chronic symptoms that medical cannabis can treat.

• Inflammatory Bowel Disease

• HIV/AIDS

• Severe epilepsy

• Multiple Sclerosis

• Parkinson’s Disease

• Post Traumatic Stress Disorder

• Arthritis

• Back pain

• Migraines

• Nerve damage

• Nausea and vomiting due to chemotherapy

• Glaucoma

Regardless of numerous studies documenting the significant benefits of medicinal cannabis, more research is needed and increased regulations in oversight of commercial production and distribution to prove further safety and practicality.

 The beginning of lawful change has already happened. The FDA has approved products made from cannabis plant extracts called cannabinoids that have had definitively positive effects in relieving nausea and vomiting from chemotherapy, severe epilepsy, and anorexia in people with AIDS. Other products are widely available to relieve minor pain, insomnia, and anxiety but are not yet FDA-approved to be used medically.

If you think you may be a candidate for medical marijuana, call Coastal Integrative Medicine today for an appointment to determine your qualification for medical cannabis in Stuart, FL, at 772-334-1409.